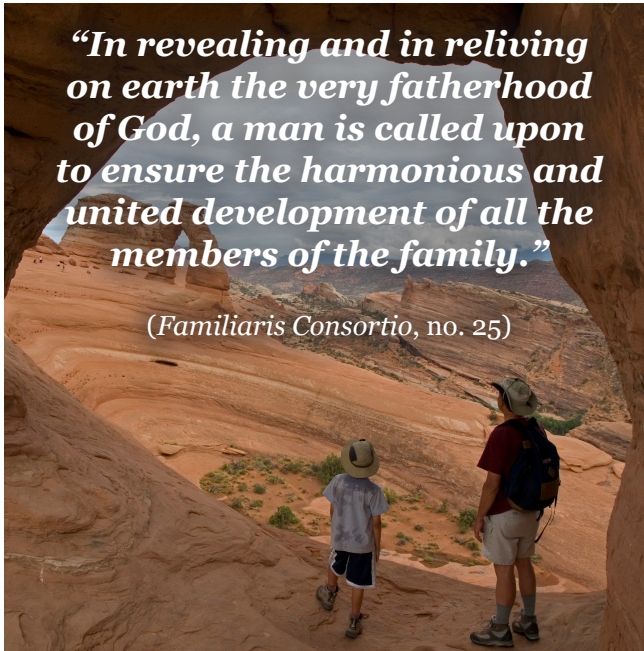




Eleventh Sunday in Ordinary Time

“In revealing and in reliving on earth the very fatherhood of God, a man is called upon to ensure the harmonious and united development of all the members of the family.”

(Familiaris Consortio, no. 25)



Prayer for Father's Day

May God, who gives life on earth
and in heaven,
lead you to walk by the light of faith
and so help your children attain the good
things
Christ has promised us.
R/. Amen.



God our Father,
in your wisdom and love you made all things.
Bless our father.
Let the example of his faith and love shine
forth. Grant that we, his family,
may honor him always
with a spirit of profound respect.
Grant this through Christ our Lord.
R/. Amen.

BeDADitudes

*8 ways to be an awesome
Dad from Dr. Gregory Popcak*

1. **Blessed Are Dads Who Are Poor in Spirit**
Seek to be a father after THE Father's own heart.
2. **Blessed Are the Dads Who Mourn**
Be not afraid of feelings. Empathize with your family's tears, fears, and struggles.
3. **Blessed Are the Dads Who Are Meek**
Meekness isn't weakness. Cultivate the humble strength of a listening heart.
4. **Blessed Are the Dads Who Hunger and Thirst for Righteousness**
Awesome dads are on a mission from God. Live for Him. Lead your family to Him.
5. **Blessed Are the Dads Who Are Merciful**
Be a loving mentor in your home. Don't break hearts. Mold them.
6. **Blessed Are the Dads Who Are Pure in Heart**
Cherish the treasure of your wife and children. Protect their dignity. Affirm their worth.
7. **Blessed Are the Dads Who Are Peacemakers**
Keep your house in order. Prioritize your family. Protect the heart of your home.
8. **Blessed Are the Dads Who Are Persecuted for the Sake of Righteousness**
The world will try to undermine your effort to be an awesome dad. Be one anyway.

Dr. Greg Popcak is the author of many books and the host of More2Life Radio airing weekdays at 10am E on SiriusXM130. For more information on Catholic counseling and other resources, visit www.CatholicCounselors.com.



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